



FEMERGY®

COMMUNITY RESOURCE GUIDE

2023

Mentorship and Learning Opportunities

LASER (Latinx Space for Enrichment Research) Mentoring Program

Visit the website for contact information.

odi.osu.edu/laser-digital-hub Meeting Locations:

odi.osu.edu/laser-hub-information

LASER mentors serve as academic role models, as well as bridge builders, between Latinos in high school and Ohio State, Otterbein and Ohio Wesleyan University students. Mentees will meet 1-2 hours per week with their mentors.

Meeting locations varies.

Ohio State University (OSU) LiFEsports

Osulifesports.org

2400 Olentangy River Road, Columbus, Ohio, 43210

(614) 688-3875

A free youth development program dedicated to serving economically disadvantaged children in the Columbus community. Their programs include a sports summer camp for youth ages 9 to 15, a youth leadership academy that prepares youth ages 15-18 for college and future careers, and community-based sports clinics throughout the year. Transportation is free to all campers via buses.

Nationwide Children's Hospital (NCH) Futures Matter Program

nationwidechildrens.org/research/office-of-trainee-affairs/futures-matter-program

700 Children's Drive, Columbus, Ohio 43205

An 8-week paid summer research experience on the campus of Abigail Wexner Research Institute at Nationwide Children's Hospital. High school sophomores and juniors will be placed with a researcher for a hands-on science experience, while being exposed to various careers in biomedical research. Visit the website for contact information.

Urban GEMS (Gardening Entrepreneurs Motivating Sustainability)

urbangems.ehe.osu.edu

The Ohio State University
1787 Neil Ave, Columbus, Ohio 43210
(614) 940-5435

Through this program, middle and high school age students can participate in after school and summer youth internships to gain skills growing vegetables in sustainable aeroponic towers. In the free youth development program, they gain leadership and entrepreneurial skills while preparing weekly cooking demonstrations and having fun.

Digital Animation: A Technology Mentoring Program for Young Women

asc.ohio-state.edu/accad/womenandtech

Advanced Computing Center for the Arts & Design
1813 North High Street, Columbus, Ohio 43210
(614) 292-2406

A free, two-week summer digital animation program for young women in 7th and 8th grade. The mentors are Ohio State graduate students and faculty engage the young women graphics and animation, integrating problem-solving skills, collaborative learning and presentation.

Explorations in Neuroscience Summer Camp

medicine.osu.edu/departments/neuroscience/outreach-and-events/summer-camp

The Ohio State University Wexner Medical Center
370 West Ninth Avenue, Columbus, Ohio 43210

A one-week camp that is designed for high school students who have an interest in learning more about the brain and spinal cord. Students will learn through a variety of approaches including lecture, discussion, debate, games, laboratory visits, and hands-on experiments. Financial need scholarships are available upon request; contact for more information.

Data Science for Women Summer Camp

tdai.osu.edu/education/data-science-women-summer-camp

The Ohio State University, Translational Data Analytics
Institute

1760 Neil Avenue, Columbus, Ohio 43210

A free week-long summer camp that introduces young women in grades 8-10 to the data science and analytics field. Students will gain hands-on experience on scientific methods and processes for extracting new knowledge from data, using animation software, giving presentations. Visit the website for contact information.

Youth Engaged 4 Change (YE4C)

engage.youth.gov

Provides youth-focused resources and opportunities that inspire and empower young people to make a difference in their lives and in the world around them. Youth can find volunteering, internship, job and leadership opportunities, and answers on topics like mental health, relationships, education and more.

Teen Corps

fpconservatory.org/education-programs/outreach-programs/teen-corps

Franklin Park Conservatory & Botanical Gardens
1777 East Broad Street Columbus, Ohio 43203
(614) 715-8034

A summer internship for 15-18 year old teens designed to teach life and work skills through hands-on experiences in urban farming. During the 8 week program, they learn about horticulture, the environment, cooking, health and nutrition, customer service, budgets and money matters, entrepreneurship, teamwork and communication.

Participants receive 20 hours per week paid work experience. They begin recruiting Columbus City teens in early spring.

Columbus College of Art & Design (CCAD)

ccad.edu/take-class/youth-classes-workshops

60 Cleveland Avenue, Columbus, Ohio 43215

Offers Creative Summer Workshops, which are a series of workshops for youth in grades 1 through 12, offering quality art instruction taught by arts professionals. They also offer Saturday Morning Art Classes, which provide art and design education to children in grades 1 through 12, and a Pre-College Art program. Merit-based and need-based scholarships are available. Visit the website for contact information.

Nationwide Children's Hospital (NCH) Job Shadowing & Internships

nationwidechildrens.org/family-resources-education/courses-for-parents-and-kids/student-education-opportunities/job-shadowing-and-internships

700 Children's Drive, Columbus, Ohio 43205
(614) 355-0678

Job shadowing and internship opportunities allow students the chance to spend time with a health care professional and see the work duties performed and the interaction between staff and patient families. High school students cannot participate in hands-on care. All shadow and internships for high school students must be coordinated by the school.

Leadership Enterprise for a Diverse America (LEDA)

ledascholars.org

315 West Thirty-ninth Street, New York, New York 10018

Nonprofit program to develop academic and leadership skills in public high school students who come from low-income households or will be first-generation college students. LEDA Scholars are recruited as juniors in high school and spend the following summer at the Aspects of Leadership Summer Institute. The 7-week summer program is free and includes leadership study, writing instruction, standardized test preparation and college guidance.

Delta Sigma Theta Sorority, Inc. Columbus (OH) Chapter Youth Initiatives

columbusohdeltas.org/youthapplications

Offers 10-month long programming for youth ages 11-18 focused on leadership training, mentorship and empowerment. They also offer college scholarships.

Youth ages 11-18 years

Brown Girls Mentoring

browngirlsmentoring.org

Beatty Recreational Center 247 North Ohio Avenue,
Columbus, Ohio 43203

Mentorship opportunities for girls and young women through lectures, trainings, and activities to build self-confidence and develop practical life skills.

Central Ohio Leadership Academy (COLA)

leadershipcolumbus.org/central-ohio-leadership-academy/

37 West Broad Street, Columbus, Ohio 43215

A six-day leadership development experience for rising high school juniors and seniors in central Ohio.

Summer program High school juniors and seniors

Columbus Council on World Affairs

columbusworldaffairs.org

51 Jefferson Avenue, Columbus, Ohio 43215

Programs for high school teens interested in international issues and leadership.

Career Development and Education

Dress for Success Columbus

dfscmh.org

1204 North High Street, Columbus, Ohio 43201

Provides free interview and work-ready clothing, mentoring and career center resources for professional development.

Women 16 and older

I Know I Can (IKIC)

iknowican.org

1108 City Park Avenue, Columbus, Ohio 43206

Services to prepare students from Columbus City School for college. Help with financial aid and scholarship applications.

Students in Columbus City Schools

GCF Learn Free

www.gcflearnfree.org

Free online classes, including math, reading, managing money and more

Lead the Way Learning Academy

Leadthewaylearningacademy.org

Visit the website for site locations.

(614) 842-4993

Provides youth development programs and activities for Franklin County youth in grades K-12. Their After School Learning Zone and Summer Learning Zone provides homework help, academic enrichment, field trips, fitness, free meals and other fun and exciting enrichment activities. Services are free to TANF eligible families. In collaboration with the Achieve More & Prosper (A.M.P.) Program, the Career Zone provides employment resources and opportunities to in-school youth, ages 16-18 experiencing barriers to academic and career success.

Visit the website for site locations.

(614) 842-4993

New Directions Career Center (NDCC)

Newdirectionscc.org

2760 Airport Drive Suite 125, Columbus, Ohio 43219
(614) 849-0028

Works with adults and specializes in assisting women making career transitions and reduce barriers to satisfying, long-term employment. They offer a sliding fee scale and help people regardless of their ability to pay. Transportation and childcare assistance are also available for qualifying programs and individuals. Visit the website for a specific list programs and services offered.

OhioMeansJobs Columbus-Franklin County

Columbus-Franklin County: omjcfc.org

State of Ohio:

ohio.gov/wps/portal/gov/omj/home

1111 East Broad Street, Columbus, Ohio 43205
(614) 559-5052

Free extensive one-stop employment services for young and old, working and unemployed. Services include walk-in access to a career resource room, job fairs and job postings. They also offer free support in preparing career planning, academic and skill testing, hands-on computer classes, GED preparation, creating resumés and cover letters, preparing for interviews and more.

Hispanic Association of Colleges & Universities (HACU)

hacu.net/hacu/HACU_Student_Programs.asp

Represents colleges and universities that are committed to helping Hispanics achieve success in higher education. Thousands of young Hispanics benefit from HACU with internships, scholarships, college programs, pre-college support and career development opportunities and programs.

Hispanic Chamber of Columbus

hccolumbus.com

150 South Front Street, Columbus, Ohio 43215
(614) 225-6902

Connects Hispanic professionals to the greater Columbus community by providing opportunities for business growth. Their website has information about community resources, job opportunities and more.

Hispanic Employment Program (HEP)

dla.mil/LandandMaritime/About/Offices/EEO/EEO-Special-Emphasis/HEP

PO Box 3990, Columbus, Ohio 43218

Ensures that Hispanics have an equal opportunity to compete in all aspects of federal employment. Their website has information about career opportunities, community resources, events and activities for the Hispanic community.

League of United Latin American Citizens (LULAC)

Find Local LULAC Council:
lulac.org/about/find_lulac_councils

National Headquarters
1133 Nineteenth Street, Northwest, Washington, DC 20036
lulac.org

A volunteer-based organization that empowers Latinos and builds strong Latino communities.

Ohio Hispanic Coalition

ohiohispaniccoalition.org

Main Office: 1535 Bethel Road, Columbus, Ohio 43220
3556 Sullivant Avenue, Suite 107, Columbus, Ohio 43204
220 West Johnstown Road, Gahanna, Ohio 43230
(614) 459-6566

Offers several free services to the Latino community including: homework help, educational after school programs and summer camps; 24/7 translation and interpretation services for multiple languages, ESL and citizenship classes for adults; tobacco free program, free car seat checks, and support group for victims of domestic violence and sexual assault.

Health

OSU Free Clinics

Clinicalatina.com

Latino Free Clinic (La Clínica Latina): Free health care for Spanish-speaking patients

(614) 349-1038

Patients are seen at the Rardin Family Practice Center.

Services are provided for those who have no health insurance and have a low to moderate income. Call for more details.

Asian Health Initiative: Free health care for Asian adults living in central Ohio

Aacsohio.org/programs

(614) 220-4023, ext. 233

Noor Free Clinic: Health Care is provided by Muslim nurses and physicians

noorohio.org/noor-free-clinic/

wexnermedical.osu.edu/departments/family-medicine

(614) 516-3075

2231 North High Street, Columbus, Ohio 43201

Mental Health and Behavioral Health

Mobile Response and Stabilization Services (MRSS) from Nationwide Children's Hospital

Mobile Response and Stabilization Services (MRSS) provide immediate behavioral health services, at home or another safe location, for young people under 21 experiencing significant behavioral or emotional distress.

- Call the state line at (888) 418-MRSS (6777).
- In Franklin County, Nationwide Children's MRSS responds between 9 a.m. and 9 p.m., Monday through Friday. Outside of those hours, the Nationwide Children's Hospital and Franklin County Youth Psychiatric Crisis Line is available for you to talk to someone about your needs.
- Say you are calling for Mobile Response and Stabilization Services.
- You will be asked triage questions.
- You will receive a call when Nationwide Children's team is on the way. Our goal in an urgent crisis is to be at your location within 60 minutes.

Proyecto Mariposas

proyectomariposas.org

Provides a safe, supportive learning environment for Latina girls ages 2-17 and their mothers/grandmothers/aunts/guardians. Their programs focus on self-esteem, culture, development and health. Their week long day camp is for girls ages 11-17. Visit the website for contact information and more.

St. Vincent Family Center (SVFC)

svfc.org

1490 East Main Street, Columbus, Ohio 43205
(614) 252-0731 or (614) 824-5437, ask for Intake

Provides behavioral health intervention and treatment services to youth with emotional and behavioral challenges.

Program: outpatient and inpatient services (home-based and school-based), telehealth, therapeutic preschools and after school programs, residential care, and support for foster families. They provide specialized services to Hispanic / Latino children.

Eligibility: youth ages 3-18 years old

Cost: therapies can be billed to Medicaid and a variety of insurances

Referral: individuals may refer themselves or be referred by a physician or organization

Rise Sister Rise Network

blackgirlrising.net

P.O. Box 09110, Columbus, Ohio 43209
(614) 231-3543

Helps African American girls ages 11-18 who have been exposed to trauma or stress in their lives. They help girls think critically, learn how to communicate through barriers and reach academic success. The services are offered through conferences, girl summits, think tanks, community forums and resiliency-based activities.

Red Treehouse

redtreehouse.org

10415 Euclid Avenue, Cleveland, Ohio 44106

This online resource supporting the physical, emotional, intellectual and social development of children and young adults, prenatal to age 25. The website helps families find resources, organizations and events to meet their specific needs and challenges. Users can customize profiles by location (counties within Ohio), age ranges and topics of interest.

Youth to Youth International

youthtoyouth.net

Office: 1420 Fields Avenue, Columbus, Ohio 43211

Mailing: 547 East Eleventh Avenue, Columbus, Ohio 43211

(614) 224-4506

A community-based drug prevention and youth leadership program for middle school and high school students. The goal of its many projects is harnessing the powerful influence of peer pressure, making it a positive force that encourages youth to live free of tobacco, alcohol and drugs. Call for meeting schedules and more information.

Art Possible Ohio

artpossibleohio.org

77 South High Street, 2nd Floor, Columbus, Ohio 43215

(614) 241-5325

Promotes arts, education and creative expression involving children and adults with disabilities.

Other Resources

Lower Lights Ministries (LLM)

lowerlightssalon.com

1116 West Broad Street, Columbus, Ohio 43222

hair and beauty salon services for women and families.
Families, Women, Children, Low income

Ohio Latino Affairs Commission

ochla.ohio.gov

Community Resources:

ochla.ohio.gov/wps/portal/gov/ochla/latino-community

77 South High Street, Columbus, Ohio 43215
(614) 466-8333

Represents and advises key policy makers in regards to Hispanic issues, and connects Latino organizations throughout Ohio. On their website is a list of state-wide resources for Latinos, including a list of interpreters, attorneys, health and social service resources, church listings, directory of English as a Second Language (ESL) services and more.

'Que' Pasa, OSU?

odi.osu.edu/que-pasa-ohio-state
facebook.com/QuePasaOSU

154 West Twelfth Avenue, Columbus, Ohio 43210

A community magazine about Latinos at OSU. Their website has information about resources, events, career opportunities and more.

Legal Aid Society of Columbus (LASC) **columbuslegalaid.org**

150 Oak Street, Marion, Ohio 43302
(740) 383-2161 or (888) 301-2411 Toll-free

Provides free civil legal assistance and guidance to low income residents and senior citizens of Columbus and Central Ohio. Legal Aid attorneys may be able to help you with the following types of cases or legal problems: consumer law, family law, housing, foreclosure, public benefits, reentry, seniors, tax, veterans, education and "Brief Advice" clinics.

Columbus Office: (serves Franklin and Madison county)
1108 City Park Avenue, Columbus, Ohio 43206

Intake: (614) 241-2001 or (888) 246-4420 Toll-free

General Inquiries: (614) 224-8374 or (877) 224-8374 Toll-free

Marion Office: (serves Delaware, Marion, Morrow and Union county)

Ohio Legal Help

ohiolegalhelp.org

88 East Broad Street, Suite 720, Columbus, Ohio 43215
(866) 791-8362

Helps Ohioans access the civil justice system. They provide plain language legal help information, interactive self-help tools and connections to local legal and community resources that can help people resolve their legal issues.

Office of Opportunities for New Americans

newamericans.ohio.gov

Brings together resources to support immigrants integrate in to society and economic success. Programs that are provided include online job listings, English language learning, education and training, and ways to grow a business.

Basic needs (Food, Clothing, Shelter)

Lower Lights Ministries (LLM)

lowerlights.org

1066 Bellows Avenue, Columbus, Ohio 43223

A faith-based organization that serves individuals, families They also provide free meals, finance, employment, education, life coaching.
Families, Women, Children, Low income

Rentful: Franklin County Rental Assistance

rentful614.com

A rent assistance hub for both tenants and landlords. Provides simple, reliable, and easy-to-access links to Central Ohio rent assistance programs. They also dispel common myths, provide eviction information customized to Franklin County, and highlight some of the places you can go to get even more help. The website can be translated in English, Spanish, or Somali.

rentful614.com

Resident Resources Network (RRN)

residentresources.org

Information about Wallick Communities:

wallickcommunities.com

160 West Main Street, New Albany, Ohio 43054

(614) 552-5668

Helps connect residents of Wallick Communities and other affordable housing communities to supportive services.

Services are coordinated through on-site Service Coordinators who make referrals to local community organizations, and bring resources on-site (like financial/emergency, educational, employment, health and wellness and legal assistance).

Smoke-Free Housing in Columbus

columbus.gov/publichealth/programs/Creating-Healthy-Communities/Franklin-County-Tobacco-Free-Collaborative/Smoke-Free-Housing-Options Columbus

Public Health highlights smoke-free housing options in Columbus, Ohio.

Columbus Center for Human Services (CCHS)

cchsohio.org

540 Industrial Mile Road, Columbus, Ohio 43228

(614) 641-2900

Offers a wide variety of individualized programs and services designed to promote self-advocacy, increase independence, and enhance the lives of individuals living with developmental and intellectual disabilities. Some services include transportation, housing, job training, art,

AmeriHealth Transportation Services

amerihealthcaritasoh.com/member/eng/benefits/transportation.aspx

Service County Directory:

jfs.ohio.gov/County/County_Directory.stm

Members who have Medicaid or Medicare through AmeriHealth who have an appointment that is over 30 miles away can call Member Services to schedule a free ride to health appointments. If traveling less than 30 miles from your home, you can get transportation for certain services through the local county department of job and family services (CDJFS) Non-Emergency Transportation (NET) program.

Members can call directly 48 hours (two business days) in advance at (833) 664-6368 or (833) 764-7700 (TTY (833) 889-6446) to schedule transportation.

Columbus Public Health (CPH) Pride Centers & Neighborhood Social Workers

Pride Centers are one-stop shops for city services, dedicated to protecting the health, safety and welfare of families living in the area. These centers house basic city services in one place, which include the Neighborhood Social Workers. Call first to make an appointment.

Main Columbus Public Health Neighborhood Social Work Helpline

(614) 645-6807

Franklinton Pride Center

1186 West Broad Street, Columbus, Ohio 43222

(614) 645-5224 (Social Worker)

(614) 645-0176 (Main)

South Side Pride Center

280 Reed Avenue, Columbus, Ohio 43207

(614) 645-5205 (Social Worker)

(614) 645-8097 (Main)

Near East Pride Center

1393 East Broad Street, Columbus, Ohio 43205

(614) 645-0115 (Main)

Northside Pride Center

248 East Eleventh Avenue, Columbus, Ohio 43201

(614) 724-1900 (Main)

Far East Pride Center

2500 Park Crescent Drive, Columbus, Ohio 43232

(614) 724-0101 (Social Worker)

(614) 724-0100 (Main)

Free Charity Cars

freecharitycars.org

Provides free donated vehicles to struggling families to assist them in their transition from dependency to self-sufficiency. Free Charity Cars operates the largest free non-profit car-donation / distribution program in the nation and has awarded over 9000 free vehicles nationwide. For more information, visit their website.

Community Development for All People (CD4AP) & All People's Fresh Market

4allpeople.org

Physical Address: 946 Parsons Avenue, Columbus, Ohio
43206

Mailing Address: PO Box 6063, Columbus, Ohio 43206

All People's Fresh Market Address: 946 Parsons Avenue,
Columbus, Ohio 43206

Linden Fresh Market Address: 1464 Cleveland Avenue,
Columbus, Ohio 43211

Main Phone: (614) 445-7342

Free Store Phone: (614) 443-1713

This faith-based organization provides free produce, clothing and household items to families in need, affordable housing on the South Side of Columbus, youth development, nutrition education and more. They also have two Fresh Market locations, which have free fresh food 5 days a week. Go online to find out more information about different programs.

Opportunity Port

opportunityport.org

Started by Columbus City Council as an initiative aimed at expanding employment and housing opportunities for residents of Columbus and Franklin County by sealing their criminal records. Opportunity Port does not provide legal advice but helps former offenders seal their record. If a person qualifies, they are connected with an attorney and if the judge approves the application, the court will remove past offenses from public view. Visit their website for more information.

Homeport

Homeportohio.org

3443 Agler Road, Columbus, Ohio 43219

(614) 221-8889

Find Housing: homeportliving.org

Education: homeportlearning.org

Provides a list of low-cost rental properties and homes, offers money management help for people who have fallen behind on mortgage payments, and offers homebuyer education, credit and budget counseling for a minimal fee. They can also help people buy a home and assist with down payments.

**Homes on the Hill Columbus Development Corporation
(HOTH-CDC)**

hoth-cdc.org

3659 Soldano Boulevard, Columbus, Ohio 43228
(614) 275-4663

Provides affordable redeveloped housing on the westside of Columbus, Ohio. They also offer renter and homebuyer education programs, one-on-one budget, credit and financial counseling sessions, and can provide down payment assistance and mortgage counseling to prevent foreclosure.

The Residences At Career Gateway (RCG)

residencesatcareergateway.com

755 East Whittier Street, Columbus, Ohio 43206
(614) 585-8041

RCG Job Training Center: (614) 620-7888

Offers moderately priced 1-, 2- and 3-bedroom units of multifamily housing and provides workforce training and support service space for residents and project partners.